



May 7, 2020

ENJOY THE FOREST PRESERVES SAFELY

Many Forest Preserve sites are currently open so residents can enjoy fresh air, exercise and access to nature. The Forest Preserve District asks that you follow proper etiquette when using the Preserves, in order to maintain health and safety for everyone who is enjoying the Forest Preserve:

- Keep a minimum distance of six feet from other trail users at all times.
- Warn others on the trail of your presence when approaching from behind.
- Step off the trail when necessary to maintain six feet of distance.
- Only visit with people in your household.
- Picnics, cookouts, group sports or other gatherings are not permitted.
- Don't sit at picnic tables or benches.
- Bring your own water. Do not use drinking fountains or water pumps.
- Wear a face covering if maintaining a six feet distance from others is not possible.
- Carrying any trash out with you, particularly used tissues, food wrappers, masks and gloves.

Following these simple guidelines will help keep you, your family and others in the community safe. To review the complete list of Forest Preserve Visitor Guidelines, [click here](#).

COMMUNITY PARK DISTRICT - SUMMER PROGRAMMING SURVEY

The Community Park District board and staff are working diligently on ways to best serve our residents as Illinois and the nation moves towards recovery from the COVID-19 pandemic. We would love your input and invite you to take this brief survey regarding summer programming options: <https://www.surveymonkey.com/r/LaGrangeParkRecRecovery>

With the roll out of Governor Pritzker's Restore Illinois plan, we are evaluating our entire summer catalog, and will announce details on the continuation and modification of summer programming next week. Your feedback will help us determine our next steps.

ILLINOIS DEPARTMENT OF HUMAN SERVICES AND DEPARTMENT OF AGING SHARE RESOURCES FOR OLDER ADULTS AT RISK DURING SOCIAL ISOLATION

The Illinois Department of Human Services (IDHS) Division of Mental Health, together with the Illinois Department on Aging (IDOA), is sharing resources for all Illinoisans who are older adults or have older adults in their lives in need of support. While the COVID-19 pandemic is impacting

everyone, older adults are particularly at risk for social isolation. These resources are being shared today, which is National Older Adult Mental Health Awareness Day 2020.

For those seeking assistance, please visit www.dhs.state.il.us and click on HELP IS HERE, visit the IDoA website at www.illinois.gov/aging, call the IDOA Senior HelpLine at 1-800-252-8966 (hearing impaired call 888-206-1327), or by email at aging.ilsenior@illinois.gov. IDHS also offers the many other resources for older adults who are in need of support. [Click here to learn more.](#)

TODAY'S NEWS RELEASES FROM ILLINOIS.GOV

- [Public Health Officials Announce 2,270 New Cases of Coronavirus Disease](#)
- [IDES Processed More Than One Million Unemployment Claims Since Beginning of COVID-19 Pandemic](#)
- [Two Rivers Family Fishing Fair Scheduled for June 6 at Pere Marquette State Park Cancelled Due to COVID-19 Pandemic](#) (May 6)
- [Governor Pritzker Highlights Efforts to Mitigate the Spread and Effects of COVID-19 in Illinois' Latino Communities](#) (May 6)

CANCELED EVENTS

- Planning & Zoning Commission (May 19)
- Due to social distancing requirements the Village has suspended all garage/yard sales, block parties, craft and plant shows, and sidewalk sales (curbside pickup is allowed) through May 30.

ADDITIONAL FACE COVERING RESOURCES

- The CDC has published instructions on how to wear, clean and make face coverings at home. [Click here to see the instructions.](#)
- No-sew masks with Surgeon General Dr. Jerome Adams. ([video available here](#)).
- No-sew face coverings ([illustrated guide available here](#)).
- Hand-sewn masks ([illustrated guide available here](#)).
- IDPH: <http://www.dph.illinois.gov/covid19/community-guidance/mask-use>

ADDITIONAL COVID-19 RESOURCES

- [Village Coronavirus webpage](#)
- [CDC Recommendations Regarding Face Coverings](#)
- [State of Illinois Coronavirus \(COVID-19\) Response Website](#)
- Text "TALK" or "HABLAR" to 552020 for Mental Health Counseling
- Text "UNEMPLOYMENT", "FOOD", or "SHELTER" to 552020 for Assistance
- Call: 833-673-5669 for Help with COVID-19 Symptoms
- [IDPH Map of Confirmed COVID-19 Cases by Zip Code](#)
- IDPH Hotline: 1-800-889-3931
- IDPH Email for Questions about COVID-19: dph.sick@illiois.gov
- IDPH Email for Info on State COVID Response: Gov.COVID19stakeholder@illinois.gov
- [DCEO Essential Business FAQ Document](#)
- [Governor's Office Daily FAQ's - Latest Edition](#)
- [Hospital Resource Utilization Data](#)
- [Cook County Department of Public Health COVID-19 Surveillance Data](#) - Monday - Friday 7:00 a.m. to 3:30 p.m.

- Cook County Hotline: 708-633-3319
- Cook County Email: COVID19@cookcountyhhs.org
- Cook County Alerts: Text "alertcook" to 888-777

Events surrounding the outbreak of COVID-19 have been changing rapidly. The Village is working to keep residents informed of what is happening in our community. Please understand the situation is fluid and policies and procedures may change with little notice.

Village of La Grange Park