

**Proclamation**  
**2021 National**  
**Suicide Prevention + Action Month**



**WHEREAS;** September is known globally as “Suicide Prevention Month”, the **National Suicide Prevention + Action Month Proclamation** was created to raise the visibility of the mental health resources and suicide prevention services available in our community. The goal is to start the conversation about mental health and the impact of suicide to help destigmatize the conversation and help connect people with the appropriate support services; and

**WHEREAS;** According to the American Foundation for Suicide Prevention (AFSP), Suicide is the 10th leading cause of death among adults, and the 2<sup>nd</sup> leading cause of death among individuals between the ages of 10 and 34 in the US; and

**WHEREAS** more than 48,000 people died by suicide across the United States in 2018, with an average of 132 suicides completed daily; and

**WHEREAS;** each and every suicide directly impacts a minimum of 100 individuals, including family, friends, co-workers, neighbors, and community members; and

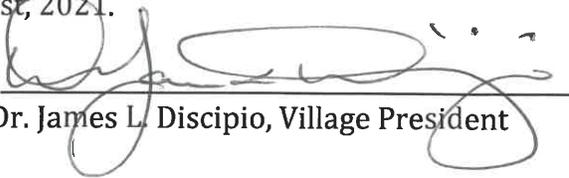
**WHEREAS;** The Village of La Grange Park is publicly places its full support behind those who work in the fields of mental health, education and law enforcement; and

**WHEREAS;** global organizations like Hope For The Day (HFTD) and our local mental health partner, NAMI, serve on the front lines of a war that many still refuse to discuss, as stigma regarding suicide and mental health issues is far too prevalent; and

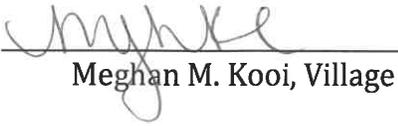
**WHEREAS,** all residents are encouraged to take the time to understand the importance of mental health education and recognize that taking care of ourselves and others includes taking care of mental health.

**NOW, THEREFORE BE IT PROCLAIMED,** that I, James L. Discipio, President of the Village of La Grange Park do hereby proclaim the month of September 2021, as National Suicide Prevention + Action Month in the Village of La Grange Park, and I encourage all residents to take the time to check in with their family, friends, and neighbors. Current events have shown how important community is and that reaching out and truly being present for someone struggling can go a long way towards helping them realize that suicide is not the answer and that they are not alone.

**IN WITNESS WHEREOF,** I have hereunto set my hand and caused the Seal of the Village of La Grange Park to be affixed this 24<sup>th</sup> day of August, 2021.

  
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Dr. James L. Discipio, Village President

ATTEST:

  
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Meghan M. Kooi, Village Clerk