



H.E.L.P. Program

Helping Everyone In La Grange Park

Do you need assistance with basic indoor or outdoor chores?

HELP, or **Helping Everyone in La Grange Park** is a Village program that matches community volunteers with residents in need of assistance. The program began several years ago as a way to provide help to the many elderly residents who call the Village each year needing help with basic indoor or outdoor household chores. When someone who needs help with tasks, like mowing, snow removal, brush clearing, etc., we are able to send them the list of individuals who have indicated a willingness to be contacted and have signed up for the **HELP** program. The residents needing assistance contact the volunteers directly and sometimes work out a nominal payment (or no fee) that will be given to the "volunteers" for their service.

INSTRUCTIONS: If you need help with specific household chores, complete the form below and Fax or email to the Village. Someone will contact you.

You are responsible for negotiating the time/date of service, and fees (if any). You may also be responsible for securing the equipment and/or tools necessary to do the work.

TODAY'S DATE: _____

YOUR NAME: _____

EMAIL: _____

YOUR ADDRESS: _____

PHONE NUMBER: _____

For which type of work do you need assistance?

_____ Shoveling snow or snow blowing

_____ Mowing lawns

_____ Weeding

_____ Raking leaves

_____ Trimming shrubs/bushes

_____ Painting

_____ Other: _____

Please sign below.

"I understand that I am registering for a voluntary program. With my signature below I agree to indemnify and hold harmless the Village of La Grange Park and its employees, officers, and appointed officials for any injury or damages which may arise as a result of my participation in the HELP program. I understand that I am responsible for contacting the volunteer name(s) provided to me. I understand that I may have to supply my own tools and equipment and/or negotiate with the volunteer to use theirs to undertake the work.

HELP Service Recipient Signature

Please return your form to the Village Hall, 447 N. Catherine Avenue, La Grange Park, Illinois, 60526. Or, you may FAX to: 708-354-0241. You may also call Village Hall to request HELP assistance at: 708-354-0225.