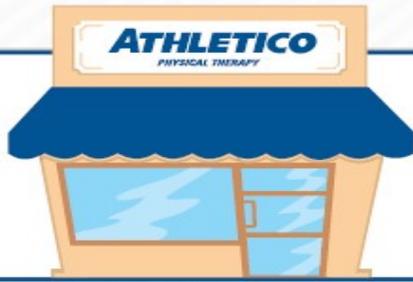


# ATHLETICO

PHYSICAL THERAPY

Safe Treatment Options  
Available During COVID-19

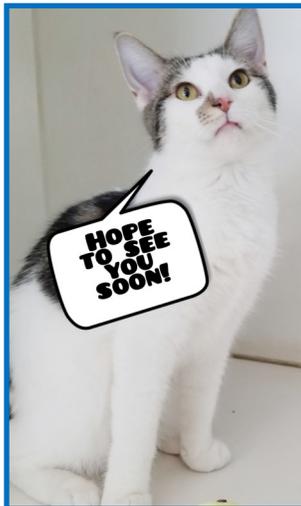


**IN CLINIC**  
Face-to-face  
treatment options with  
one of our experts.



**VIRTUALLY**  
Through a  
secure online  
video chat

Delaying treatment could mean additional expenses and prolonged pain.  
Request an appointment today and start feeling better tomorrow.  
[athletico.com/TreatmentOptions](https://athletico.com/TreatmentOptions)



**HOPE TO SEE YOU SOON!**

**CatNap from the Heart**  
(708) 352-3914  
NON-PROFIT ADOPTION FACILITY  
AND LOW COST VET CLINIC  
LOCATED AT 1101 BEACH AVENUE  
LAGRANGE PARK  
[CATNAPFROMTHEHEART.ORG](https://CATNAPFROMTHEHEART.ORG)  
FACEBOOK.COM/CATSONBEACHAVE  
INSTAGRAM.COM/CAT.NAP.FROM.THE.HEART

**SHOP LOCAL  
EAT LOCAL  
SPEND LOCAL  
ENJOY LOCAL**



It has been such a privilege to be a part of this wonderful community and to help busy families put dinner on the table. We have been providing prepped dinners since 2005 and we are so thankful for all your support!

Present this coupon at The Dinner Club and with any meal package purchase receive

**\$10 OFF**

359 N. La Grange Road  
[www.thedinnerclub.biz](http://www.thedinnerclub.biz)  
Expires August 30th, 2020

Cannot be combined with any other discount or special offer.

**Phillip's**  
FLOWERS GIFTS

**Summer Clearance Sale**

July through Aug. While Supplies Last

**Save 50% to 70%**

Silk Flowers, Accessories, Gifts & More!

515 N. La Grange Rd. (708) 579-2255

# VAUPELL

## AUTO & CAR WASH

Lube, Oil & Oil Filter Service Including Quick Digital Inspection & Express Car Wash (Starting as low as \$39.95. Plus taxes and fees).

The Car Wash has upgraded equipment and chemicals to perform a great wash at a great value. Plus Free Vacuums. Open Monday - Friday 8am - 6pm.



# SUPPORT LOCAL BUSINESS



Women and Men's Haircare  
Foil Highlighting  
Haircutting  
Haircoloring

**Tony Tardi**

1901 E. 31st Street  
La Grange Park, Illinois 60526  
708.352.2595

To all our clients, we appreciate your business and friendship. We have been a La Grange Park business for 45 years because of your support.  
Thank You! ~ Andy's Hair Design

**\$20 GIFT\***  
toward your new service



1004 E 31st St. • 708.482.3038  
symmetrisonlagrangepk.com

\*Your \$20 gift is valid toward a new service valued at \$40 or more. Valid on services not received in the last six months with select service providers. Services and products can be combined to reach your \$40 minimum. Please present this card at checkout. Some not valid with other offers or discounts. No cash value. Valid for 60 days. CODE: WEB20



**AVEDA**



### CHAMBER OF COMMERCE

On behalf of the La Grange Park Chamber  
We would like to thank you for supporting our local businesses during a very difficult time.  
Our business community is very important to our La Grange Park economy. We strive to continue to work with the community as a team effort to grow and prosper!

Sincerely,

Sheri Sauer, La Grange Park Chamber President

**Jose Luis Ramos Bahena**

Agency Owner  
Jose Luis Ramos Bahena Agency  
716 E 31st St  
La Grange Park, IL 60526  
Office 708-639-4255  
Cell 708-929-8008  
Fax 708-469-7602  
jramos1@farmersagent.com





Learn more about  
summer move-in  
specials or schedule  
your personal visit

Call 224-208-1425



**Presence**

Bethlehem Woods  
Retirement Community



**Ascension Living**

# MATTONE

• RESTAURANT + BAR •

**WE WOULD LIKE TO WELCOME OUR  
CUSTOMERS BACK INTO OUR RESTAURANT.  
OUR PATIO AND DINING ROOM IS OPEN!  
MAKE YOUR RESERVATIONS AT 708.352.7588.  
THANK YOU FOR YOUR CONTINUED SUPPORT.**

## BILL'S Place

Order Online At  
billsfastfood.com

### Hours

Monday - Saturday:

11:00am to 8:00pm

Sunday:

11:00am to 6:00pm



Dine In

Carry-Out

Delivery

Outdoor And Indoor  
Seating Is Available



## Maple Avenue Creamery

Open From 12-9  
Everyday



FOR Pick Up Or DELIVERY CALL (708) 352-6730

1146 N Maple Ave, La Grange Park, IL

*The Cure To Your Quarantine Hair Is Here! Bangs  
Beauty Bar Is Now Open For Appointments!  
We Are Taking All The Precautions And Regulating  
All Guidelines Necessary To Provide Safe Services  
To Our Beautiful Clients. Book Today*

708.769.5827

Call/Text

**BANGS**  
BEAUTY BAR

Bangsbeautybar@Gmail.Com

"MY HAIR SURVIVED CORONAVIRUS 2020"



# Interfaith Community Partners

Driving Independence for Older Adults

Interfaith Community Partners is a non profit organization that provides accompanied transportation for people 60 and better to places like their physician appointments and life-enhancing errands such as the hair-dresser, grocery store and bank. ICP works with dedicated volunteers to provide these rides. During these uncertain times, ICP is taking medical-related rides only and will update as they open for more rides.

If you would like to volunteer, donate, and/or learn more about their outreach programs, please call 708-354-9328 or visit their website at

InterfaithCommunityPartners.org.

## Dina's Great Cuts

family hair care

718 E 31st street

Lagrange Park IL 60526

708-354-1212

Hours; M-F 9-8, Sat 9-6.

3904 s Harlem  
Lyons IL 60534

708-447-4173

Hours; Mon-Fri 9-8, Sat:9-6

Sunday : 10-5



# La Grange Park **ACE** Hardware

La Grange Park Ace Hardware & Garden Center would like to thank everyone for supporting us during these difficult times. As a local family owned business we were privileged to be declared an "essential business" and allowed to stay open to serve our wonderful community. We hope we were able to help you in store or online in finding the essential products you needed to help stay safe and sane during these unprecedented times. From masks and hand sanitizer to paint and flowers we have done our best to be your local resource. We are proud to be a part of this community and are so appreciative of your support!



**Right now, students are at risk of falling behind.**

Huntington Learning Center helps them catch up and get ahead with K-12 tutoring and test prep, online and in-center. Now is the time!

#### TUTORING

- |            |  |                    |
|------------|--|--------------------|
| • Reading  | • Math   | • Study Skills     |
| • Writing  | • K-8, Algebra, Geometry, Trigonometry, Calculus | • Subject Specific |
| • Spelling | • Sciences                                       | • Homework Help    |
| • Phonics  |  | • ADHD Program     |

#### TEST PREP

- |               |                  |         |
|---------------|------------------|---------|
| • SAT/ACT     | • Advanced       | • SSAT  |
| • PSAT/NMSQT  | • Placement (AP) | • TACHS |
| • State Tests | • ISEE           | • HSPT  |

**Save \$50 When you call!**

**708-588-9620**  
333 N. LaGrange Road  
LaGrange Park, IL



**GO DIGITAL**  
**SUSAN ROGAN**  
**HEARING**  
*hear the difference*

**Hearing care is health care - hear well again!**  
**Visit us for a free consultation.**

**HUNGRY FOR LUNCH??**

**CHICAGO ROSATI'S PIZZA**

**DELIVERY EXPERTS • DELICIOUS FOOD**

687 N. York Rd. ELMHURST <b>630-279-1998</b> <small>SUN-THURS 9AM-12AM • FRI &amp; SAT 10AM-1AM</small>	1069 Rohlfing Rd. ELK GROVE VILLAGE <b>847-301-1222</b> <small>SUN-THURS 9:30AM-1AM • FRI &amp; SAT 8:30AM-3AM</small>	720 E 31st St. LA GRANGE PARK <b>708-340-0400</b> <small>SUN-THURS 10AM-11PM • FRI &amp; SAT 10AM-12AM</small>
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## Montessori Children's Community

*Enriching Minds. Nurturing Spirits.*

Montessori Children's Community was founded out of profound respect for children and a devotion to educating children for a peaceful world. Our Community is committed to Montessori's approach to education and operates on the principle of freedom within limits, respect for one's self, for others, and for the environment.

We offer an [Infant program](#) (ages 6 weeks to 14 months), [Young Toddler](#) program (ages 15 months – 23 months), [Toddler program](#) for children age two and a [Primary program](#) for children ages three to six, as well as Art and Music class, Field Trips and Special Events.

Our environment is filled with beautiful, carefully chosen materials that progress developmentally from concrete expressions of concepts to more abstract representations. The materials in the classroom represent a four-year curriculum of work and they invite the child to explore and encourage the child to be creative.

**EAT  
DRINK  
SHOP  
LOCAL**

 <b>CORK KEG &amp; SPIRITS</b>	 <b>CORK KEG &amp; SPIRITS</b>	 <b>CORK KEG &amp; SPIRITS</b>	 <b>CORK KEG &amp; SPIRITS</b>
<h1>\$5 OFF</h1> <p><b>\$20 PURCHASE OF WINE</b></p>	<h1>10% OFF</h1> <p><b>ANY WINE OR SPIRITS</b></p>	<h1>15% OFF</h1> <p><b>ANY WINE OR SPIRITS PURCHASE OF \$100 OR MORE</b></p>	<h1>20% OFF</h1> <p><b>ANY WINE OR SPIRITS PURCHASE OF \$200 OR MORE</b></p>
<p>*Cannot be combined other offer. Not valid on sale price items. Valid until 12/31/20</p>			

# HEART'S DESIRE

1014 E. 31st Street  
LaGrange Park, IL. 60526  
(708) 354-3040

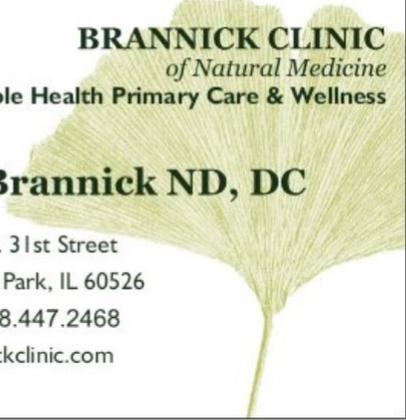
ANTIQUES & COLLECTIBLES / BOUGHT & SOLD

Take 20% off your next purchase!  
Thank you for supporting my "small business" ~ Susan Hull

**BRANNICK CLINIC**  
*of Natural Medicine*  
Whole Health Primary Care & Wellness

**Dr. Michelle Brannick ND, DC**

1013 E. 31st Street  
LaGrange Park, IL 60526  
Tel. 708.447.2468  
brannickclinic.com



"If you have ever wondered if there's safer, more effective, more affordable alternatives to conventional medicine and pharmaceutical drugs, there absolutely is. Come and get it!"

The Brannick Clinic of Natural Medicine is a natural primary care medical facility offering many modalities to get patients better. We focus on treating the cause of problems not just suppressing symptoms. See our website at [brannickclinic.com](http://brannickclinic.com) for more information and for insurance coverage.

We see men, women and children and perform PAPs and natural treatments for cervical dysplasia and HPV.

**Visit us to receive 10% off our already discounted supplements with this coupon ending August 31, 2020.**



## MEALS FOR HEROES

# Give back with meals from Panera®.

During this time of crisis, we're all looking for ways to help those on the front lines. Now, you can purchase lunches to be distributed at participating hospitals nationwide.

**Here's how it works:**

- 1 Select a location. Choose from hundreds of participating medical facilities—and the list is growing!
- 2 Select an amount. Choose the number of lunches you'd like to provide.
- 3 We'll deliver! Panera will prepare and deliver the order to your selected location on your behalf.

**Order at [PaneraBread.com/MealsForHeroes](http://PaneraBread.com/MealsForHeroes) today!**

This purchase is a direct individual contribution to a healthcare facility and not a donation. Panera has waived all delivery fees related to these orders.

\*Panera Meals for Heroes lunches available to order for delivery to participating U.S. medical facilities from participating U.S. Panera bakery-cafes. Online orders placed with a credit card only. Minimum one eligible meal must be purchased. Other restrictions apply. For complete details visit [PaneraBread.com/MealsForHeroes](http://PaneraBread.com/MealsForHeroes).

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710 East 31st Street  
La Grange Park

Hi La Grange Park! We're eager and excited to become part of the La Grange park growing community. My husband and I are dedicated to opening our La Grange park location before fall. We don't have a set date just yet, but we're working on our menu which will include vegan and gluten free options. We'll also be offering free delivery within our delivery range the first month we are open. Can't wait to meet you all in person! ~ Maria Diaz and the Ino's Taco Team